



ATHLETIC PERFORMANCE ACADEMY

PART-TIME STRENGTH & CONDITIONING COACH

Athletic Performance Academy (APA) Ltd is a dynamic, proactive organisation contracted to deliver Strength & Conditioning Coaching services. We are seeking strength & conditioning coaches based at Gosling Tennis Academy (Herts) and Challenge Tennis (Bucks) to deliver on our Mini-tennis and Junior Academy programmes. The role at Gosling starts immediately and would ideally suit someone who is looking to gain valuable experience in a high performance environment. The role at Bucks Indoor Tennis Centre will start in January 2018.

We welcome applications from all candidates. It is not essential that you are available to coach every day to be considered for either role although it is preferable if you can make yourself available every weekday. The ideal candidate will also be able to work at both sites although this is not essential.

Hours: 4-6pm Monday to Friday (Gosling). 6:30- 8:30pm Tuesday to Thursday (Challenge) **Duration:** Permanent. School term time **Remuneration:** £10-15 per hour Gosling / £15-20 per hour Challenge, depending on experience

Please check out www.athleticperformanceacademy.co.uk for more details about us.

Benefits:

- Opportunities to shadow/assist in sessions involving developmental all the way to elite professional athletes
- Access to Coaching syllabus and additional resources to use during programme hours
- Access to Coach mentoring including help to prepare for UKSCA accreditation if appropriate
- Discounts on APA workshops and qualifications
- Access to potential work at other clubs in the APA organization

Your role will involve:

- Lead in delivery and development of strength and conditioning services to our athletes
- Assist with athlete/team fitness testing and physical competency assessment

Essential criteria for this role to include:

- UKSCA accreditation or ability to obtain it within 6 months
- Working towards an S&C degree or equivalent
- Experience in the provision of strength and conditioning support to young athletes

Desirable criteria for this role to include:

- A Level 2 Gym instructor qualification (or equivalent)
- LTA recognised Tennis Coach Qualification

YOU MAY APPLY VIA **Email:** daz@apacoaching.co.uk **Please quote ref: APA.01**

PLEASE INCLUDE: CV AND RELEVANT CONTACT DETAILS. PLEASE MENTION IN YOUR APPLICATION YOUR PREFERRED LOCATION (GOSLING AND/OR BUCKS).

Closing date: 17th November 2018 @ 12 noon (GMT).