



ATHLETIC PERFORMANCE ACADEMY

PART-TIME STRENGTH & CONDITIONING COACH

Athletic Performance Academy (APA) Ltd is a dynamic, proactive organisation contracted to deliver Strength & Conditioning Coaching services. We are seeking strength & conditioning coaches based at Gosling Tennis Academy (Herts) to deliver on our Mini-tennis and Junior Academy programmes. The role at Gosling starts immediately and would ideally suit someone who is looking to gain valuable experience in a high performance environment.

We welcome applications from all candidates. It is not essential that you are available to coach every day to be considered for the role although it is preferable if you can make yourself available every weekday.

Hours: 4-6pm Monday to Friday **Duration:** Permanent. School term time **Remuneration:** £8-15 per hour, depending on experience

Please check out www.athleticperformanceacademy.co.uk for more details about us.

Benefits:

- Opportunities to shadow/assist in sessions involving developmental all the way to elite professional athletes
- Access to Coaching syllabus and additional resources to use during programme hours
- Access to Coach mentoring including help to prepare for UKSCA accreditation if appropriate
- Discounts on APA workshops and qualifications
- Access to potential work at other clubs in the APA organization

Your role will involve:

- Lead in delivery and development of strength and conditioning services to our athletes
- Assist with athlete/team fitness testing and physical competency assessment

Essential criteria for this role to include:

- UKSCA accreditation or ability to obtain it within 6 months
- Working towards an S&C degree or equivalent
- Experience in the provision of strength and conditioning support to young athletes

Desirable criteria for this role to include:

- A Level 2 Gym instructor qualification (or equivalent)
- LTA recognised Tennis Coach Qualification

YOU MAY APPLY VIA **Email:** daz@apacoaching.co.uk **Please quote ref: APA.01**

PLEASE INCLUDE: CV AND RELEVANT CONTACT DETAILS.

Closing date: 1st March 2018 @ 12 noon (GMT).