



# ATHLETIC PERFORMANCE ACADEMY IN ASSOCIATION WITH BETTER, SUTTON TENNIS ACADEMY

Athletic Performance Academy (APA) Ltd is a dynamic, proactive organisation contracted to deliver Strength & Conditioning Coaching services to our partners in high performance Tennis. A vacancy exists with Athletic Performance Academy (APA) Ltd for a part-time strength & conditioning coach based at Sutton Tennis Academy with immediate start. This role is initially for 3 months with the possibility of a permanent role and would ideally suit someone who is looking to gain valuable experience in a high performance environment.

Please check out <u>www.athleticperformanceacademy.co.uk</u> for more details about us as well as the Better Leisure Organisation <a href="http://www.better.org.uk/leisure-centre/london/sutton/sutton-sports-village">http://www.better.org.uk/leisure-centre/london/sutton-sports-village</a>

## STRENGTH AND CONDITIONING COACH, SUTTON TENNIS ACADEMY

Based: Better, Sutton Sports Village

Remuneration: £20 per hour for programme coaching

Hours: A minimum of 20 hours per week of regular programme coaching with priority 3:30-6:30pm Monday to Friday

Benefits:

- Staff uniform
- Access to Coaching syllabus and additional DVD resources to use during programme hours
- Access to Coach mentoring
- Access to potential work at other clubs in the APA organization

#### Your role will involve;

• Delivery and development of strength and conditioning services to our athletes

### Essential criteria for this role to include;

- A Level 2 Gym instructor qualification (or equivalent)
- Experience in the provision of strength and conditioning support to young athletes

#### Desirable criteria for this role to include;

- UK Strength and Conditioning Association Accreditation, or ability to obtain it within 6 months
- LTA recognised Tennis Coach Qualification

YOU MAY APPLY VIA Email: daz@apacoaching.co.uk Please quote ref: SUTTONAPA.01

PLEASE INCLUDE: CV, DETAILS OF CURRENT REMUNERATION AND RELEVANT CONTACT DETAILS.

Closing date: 5th Feb 2017 @ 12 noon (GMT). Interview date: 6th Feb 2017