



New Hall School



ATHLETIC PERFORMANCE ACADEMY

STRENGTH & CONDITIONING COACH PART-TIME ROLE

Athletic Performance Academy (APA) Ltd is a dynamic, proactive organisation contracted to deliver Strength & Conditioning Coaching services at a number of sports organisations throughout the South East of England. We are seeking a **strength & conditioning coach at New Hall School and Gosling Tennis Academy** to deliver on their S&C programmes. The role starts immediately and would ideally suit someone who is looking to gain valuable experience in a high performance environment.

There are up to 10 hours of coaching available at both sites with opportunities to grow the role further. APA would consider applications from coaches who would like to be considered for a role at both locations as well as those who wish to work at only one location. Please specify in your application your preferred location.

Hours: Monday to Friday lunch times and evenings **Duration:** January 2020 to July 2020 with option to continue through the summer **Remuneration:** £15-17 per hour, depending on experience.

Please check out www.athleticperformanceacademy.co.uk for more details about us.

Benefits:

- Opportunities to shadow/assist in sessions involving developmental all the way to elite professional athletes
- Access to Coaching syllabus and additional resources to use during programme hours
- Access to Coach mentoring including help to prepare for UKSCA accreditation if appropriate
- Discounts on APA workshops and qualifications
- Access to potential work at other clubs in the APA organization

Your role will involve:

- Lead in development and delivery of strength and conditioning services to junior athletes
- Lead in athlete/team fitness testing and physical competency assessment

Essential criteria for this role to include:

- Desire to work toward UKSCA professional accreditation
- Level 2 Gym instructor qualification (or equivalent)
- Experience in the provision of strength and conditioning support to young athletes
- Enhanced DBS check- preferably on the update service

Desirable criteria for this role to include:

- Currently enrolled or recently graduated from an S&C BSc

YOU MAY APPLY VIA **Email:** daz@apacoaching.co.uk **Please quote ref: APA.01**
PLEASE INCLUDE: CV AND RELEVANT CONTACT DETAILS. **Closing date: 1st January 2020**

Interviews will be held week commencing the **Monday 6th January 2020** at Gosling Sports Park, Welwyn Garden City, Herts. If you are successful at interview, you will be required to start work immediately subject to a DBS